



Life Matters

Discussing life matters,
because life matters

March 2026

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**We welcome newcomers to our
events and meetings**

Donate Here

<https://coalition-for-life-of-iowa.square.site/>

Spring into Action

There are many attacks on life. It took a few pages just to list a few of them in the government update. The Dobbs ruling a few years ago made some people think the job was done, but the abortion fight multiplied by becoming a more significant effort at the level of every state. There are other life issues aside from abortion, such as assisted suicide, euthanasia, IVF, and countless others. It's time to spring into action!

Join us in praying during 40 Days for Life. We continue until our closing rally on Sunday, March 29th, one week before Easter Sunday. As usual, we recommend parking at the Town & Country Shopping Center, just a block north of Planned Parenthood. Then join us in prayer at 5 p.m. After our final hour of prayer together, we head to Godfather's Pizza in Town & Country. We accept a freewill donation, as we provide the pizza and soft drinks to fellow pro-lifers who have joined us.

KEEP PRAYING! DO NOT STOP! I came to find out that this PP affiliate wants to bring abortions to St. Cloud, MN—please pray for pro-life victory, there! We want PP to sell their Cedar Rapids site. But until then, we pray outside their gutted building. We will keep an eye on matters.

Upcoming Events

First Mondays
7 p.m. – 8:30 p.m.

CFLI Board Meetings (1st Mondays)

Get involved in our organization!

Where: Contact us.

More: coalitionforlife@gmail.com

Feb 18 – Mar 29
1-hour time slots

40 Days for Life Prayer Vigil

Join us in praying for an end to abortion in a peaceful prayer vigil!

Where: Sidewalk outside Planned Parenthood

3425 First Ave SE, Cedar Rapids, IA

More: <https://www.40daysforlife.com/cedarrapids>

Sun, Mar 29
5 p.m. – 7 p.m.

40 Days for Life Closing Rally

Join us in praying for an end to abortion in a peaceful prayer vigil!

Where: Sidewalk outside Planned Parenthood

3425 First Ave SE, Cedar Rapids, IA

More info: <https://www.40daysforlife.com/cedarrapids>

Tue, Mar 31
10 a.m. – 2 p.m.

Abortion is Human Sacrifice

Kristan Hawkins will speak at the University of Iowa!

Where: Hubbard Park

125 N Madison St, Iowa City, IA

More info: <https://uiowa.campuslabs.com/engage/event/12328963>

(Students must register using the link above)

Thurs, Apr 9
5 p.m. – 8:30 p.m.

DCRTL's 32nd Annual LIFE Dinner

Hear Mayra Rodriguez, former PP director at DCRTL's dinner!

Where: Peosta Community Center

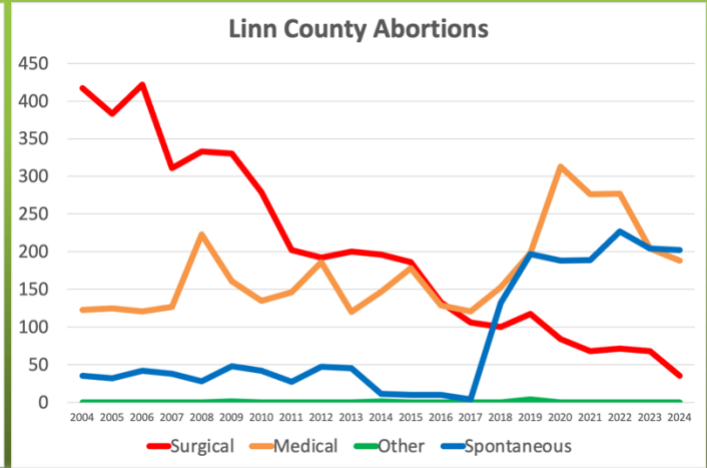
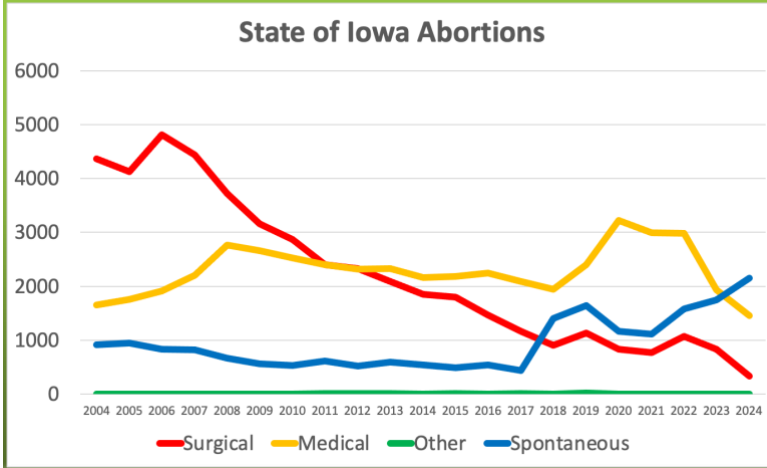
7896 Burds Rd #9646, Peosta, IA 52068

More info: <https://www.dctrl.org/get-involved/events/life-dinner/>

RSVP by March 23rd, using methods at the URL above

DCRTL: Dubuque County Right to Life





State of Abortions

A high-level view of the abortion landscape over the past few decades shows an ever-decreasing number of surgical abortions, but an increase in the number of pill-based abortions. The official statistics on miscarriages (recorded as Spontaneous Abortions) shot up in 2018 and remain abnormally high. The jump correlates within a year of the jump in pill-based abortions.

The Linn County numbers are more telling. Pill-based abortions started to spike upward at the same time reported miscarriages shot up. Normally, around 11% of pill abortions lead to a trip to the emergency room. When miscarriages went from a stable number per year of roughly 10, and dropped to just 4, that was good news. But within two years of that statistic, the number shot up to 197, just one fewer than the number of pill abortions. In 2024, the number of reported miscarriages in Linn County

exceeded the number of pill abortions. This combination leads to many thoughts.

For one, it seems like more women seeking pill abortions are seeking medical care than the national average. This could be out of concern of having a complete pill abortion, or we have some danger to pregnancy that no one has identified, yet. But the correlation with pill abortions is too significant to ignore. Natural miscarriages could account for the number growing larger than the number of pill abortions. The number of pill abortions only reflect what is reported. Many abortion pills come from international sources that may not be reported. Seeing the increase in reported miscarriages while pill abortions decline suggests to me a lack of reporting.

The state reports should have drawn attention when miscarriages shot up in 2018, and as they remained high ever since. With a

well-established history of abortion providers telling their clients to go to hospitals to address issues they cause, and to say they are having a miscarriage, it seems like our statistics are becoming trash. When the number of miscarriages are drifting higher than pill abortions by as much as they are, it also suggests the lack of reporting of pill abortions. Any competent audit of the data would reveal serious problems in the numbers because of the abortion industry. I wish our auditors and medical boards would notice these anomalies.

Pill abortions in Linn County spike in/near presidential election years. The number of reported abortions have dropped very noticeably since the 2022 Dobbs ruling. It would be wonderful if the number of actual abortions continue this declining trend. But the uptick in miscarriages that seem to imply an increase in unreported abortions draws concerns. 🙄

NaProTechnology

Better than IVF



There has been a push to make IVF more affordable and accessible. Many people don't realize there are better options to achieve the desired results. Many prominent pro-lifers have claimed that In-Vitro Fertilization (IVF) takes more lives than abortion.

When it comes to health and commerce, there are a few measures to determine the value of a service. One is cost. Another is effectiveness. Yet another is morality, which some people set aside, while others place high value on this one.

By every measure, IVF falls short. By every measure, NaProTechnology prevails. But most people have never heard of NaPro. When *Humanae Vitae* was published in 1968, Dr. Thomas W. Hilgers read the document, and it inspired him to begin morally-good scientific research into natural solutions to fertility. For over half a century, Dr. Hilgers and his associates have made advances in reproductive health that are decades ahead of the rest of the industry.

When I hear of couples facing infertility, I recommend NaPro to them. Dr. Monica Minjeur practices NaPro in the Cedar Rapids area. I wish every woman would have access to NaPro, because this goes far beyond just fertility. NaPro uses symptoms of the reproductive system to identify other health issues. They can treat most cases of PMS, painful or irregular periods, and many other conditions.

IVF costs tens of thousands of dollars, and usually takes a few cycles at that cost in order to achieve even a 50% chance of success. It's a brute-force method, rather than addressing underlying medical issues. NaPro costs far less. The least expensive case I've heard of was a case where a woman had a vitamin B deficiency that multiple doctors failed to properly diagnose. She just needed to consume some extra vitamin B to become fertile, and it worked for a few dollars of supplements.

Most solutions aren't that inexpensive, but they tend to be much cheaper than IVF.

When I saw employers push services from a company called Carrot, I was disappointed. They push IVF, have better than average success, but fall short of NaPro. Employers need better benefits.

NaPro has high effectiveness rates:

- 95% for PMS
- 95% for Post-Partum Depression (often in hours)
- 80% for infertility
- 79% for recurring miscarriages
- 1.5x – 3x more effective than IVF
- Lowers hysterectomy rate by 75%
- Cuts premature birth rate by 75%

NaPro meets the strictest moral standards, while IVF:

- Commoditizes children
- Has low success and high costs
- Exposes women to extreme hormone levels
- Involves masturbation
- Involves 3rd parties in conception
- Doesn't address underlying issues
- Freezes some children indefinitely
- Selective reductions are abortions

Our society needs more people trained in NaPro methods. We should refer women to NaPro doctors for their own health. 🌱



Government Update

National

Louisiana is suing the federal government regarding the abortion pill. Senator Hawley introduced a bill to remove the FDA approval of the abortion pill.

Some concerns remain. The FDA fails to act on the abortion pill, despite serious concerns. The abortion pill continues to be illegally shipped through the mail, since the Comstock Act remains unenforced. There isn't any notable movement on a defunding bill for abortion providers at this time.

Iowa

The Iowa legislature has introduced HF2563 to ban abortion pills. Of the abortion-related bills, this is the bill with the best chance of passing. A life at conception bill was slated for a subcommittee meeting. That meeting was cancelled, with the excuse that the bill lacked support. Abortion abolitionists introduced a bill that would punish women who seek abortions. That bill lacks public support and lawmaker support. It won't get a hearing.

This is an election year when we will elect a new governor and U.S. senator. State and national happenings could swing votes. We encourage people to become active in the political process. Caucuses are on Monday, February 2nd.

Minnesota

Minnesota lawmakers debated the inherent right to live. Lawmakers who voted in favor of extreme abortion laws just two years ago argued for the inherent right to live...of wild rice. If that bill passes, it would place more value in rice than human life.

At the same time, when states have a trifecta of pro-abortion lawmakers, there is a push to explicitly protect abortion in their state constitution. The Minnesota supreme court ruled in favor of abortion in the 1990s. But abortion advocates know the only way to ensure access to abortion is to enshrine the killing of children in the most foundational level of their state's law. So that's their goal at this time, while they have the trifecta of control.

Illinois

The governor of Illinois announced the creation of the Prairie State Access Fund back in January. The fund further expands the state's abortion funding. The state will work with private abortion organizations.

California

Despite the risk of a significant budget deficit, the state of California approved granting Planned Parenthood \$90 million to subsidize them in the midst of federal funding cuts to abortion providers. Their state will go into debt while taking the lives of the next generation, making it harder to pay off that debt in the future.

Virginia

Virginia's state government now has a pro-abortion trifecta. Thus, lawmakers rushed to put a constitutional amendment to enshrine abortion into their constitution onto their election ballot. If amended, it may lock in abortion protections for decades, if not centuries.



Government Update (continued)

Indiana

A judge in Indiana ruled that their state's abortion ban is unconstitutional on religious grounds. Religious liberty should not deny other people the right to life. Imagine someone wishing to stone someone to death because of a religious infraction. We may see support for this in the Old Testament, but constitutional republics generally protect life over religion. Christians may use the account of Jesus sparing the woman caught in adultery from being stoned, but not everyone is Christian.

Wyoming

The governor of Wyoming signed into law a Heartbeat Act. The state's supreme court struck down other pro-life laws in recent months. This makes a legal challenge seem inevitable. The courts and their interpretation of abortion's relationship with a constitutional amendment undermines pro-life efforts in Wyoming.

Canada

Canada continues to expand euthanasia. What often starts as assisted suicide inevitably becomes euthanasia. Roughly 1 in 20 deaths in Canada are in the form of the legalized killing of euthanasia.

Canada has expanded it to allow the killing of people with mental illness. Usually, it's physical conditions that qualify. A person could be suicidal, and now legally have someone else kill them, implicating other people in one's death.

As we have seen assisted suicide expand into more states, including Illinois, we know this is a growing threat. Doctors should practice healthcare, not cause death. Health brings improved or optimal functions to the body. When there is a disorder, that should be treated. We should not engage in the opposite of health and the more pessimistic approach that just gives up. Rather than addressing the issues, death is promoted as a solution.

Luxembourg

Unfortunately, the nation of Luxembourg became the second country to protect abortion in their constitution.

Utah (Active Abortion Case)

Utah has an abortion case addressing constitutionality. In this case, it could decide if life is protected from conception or not.

Keep Praying

Pray for the protection of human life throughout the states. Pray for an end of the culture of death. Pray for the protection of life to prevail in governments in our nation and world. Pro-life lawmakers help, but don't always prevent them from achieving good things. We need to pray and to contact lawmakers to let our voices be heard. The abortion industry adapts. It's important to achieve results this year! 🙏

Pro-Life Challenge



Please pray for God to work in the lives of people, in particular:

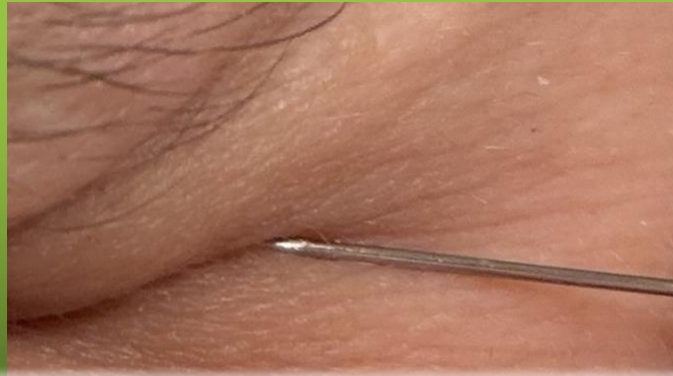
For people to prioritize the value of human life; Students for Life in Iowa; lawmakers & judges; religious leaders; success for other pro-life groups

VOLUNTEER



Help Us!

Use your skills to help pro-life efforts, and invite friends and family to attend our events. Invite them to help us out. Many hands make for light work!



PP Facelift

Planned Parenthood (PP) always tries to find ways to pivot when they face adversity. When the federal government cut funding to abortion providers, someone thought about other services they could provide.

Planned Parenthood Mar Monte, which operates facilities in California and Nevada announced their new services. The main one is Botox. PP already has medical equipment and understanding that makes it easier for them to provide it at a lower cost, especially with their tax-exempt status. Being based in California, where Botox treatments are more common, they may have found a way for their non-profit to make lots of profit, in addition to the state funding they recently received from California. Rather than learning to accept oneself as one is, they promote the vanity of altering one's appearance, unnecessarily.

They will also administer intravenous (IV) drips. But who goes to get IV drips outside of a hospital setting? This is to recover from hangovers when one drinks alcohol in excessive amounts. Alcohol dehydrates the

body, and the IV drip rehydrates the body, counteracting the negative effects of dehydration. Rather than learning self-control and moderation, they provide something to minimize the side effects. If they make it too easy to overindulge, might we see more people experience alcohol poisoning?

Not only do these services provide alternative income for PP, but it also helps them bring in clients they might not otherwise have. Those clients get used to going to PP. When they have reproductive needs, they will already be going to PP, and could find themselves seeking PP's services, even if they aren't the best option for their situation. Eventually, PP will gain clients who have unplanned pregnancies when they wanted to avoid that. This is when PP can swoop in and provide abortions.

Their choice of services seems consistent with their other services in some ways. Fueling vanity and overindulgence aligns with a lack of self-control. 🍷

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